



Parent Infant Community Class

Cathedral Hill Montessori School offers an ongoing Parent Infant program which is held each season for 8-week sessions. The Parent Infant Community is open to infants between 6 weeks and 16 months (non-walking) and their parents or caregivers. The class meets on Fridays from 9-10:30AM.

“Education begins at birth” -Dr. Maria Montessori

The first three years of life are the most fundamental in the development of human beings and their potential. The infant's physical development is phenomenal and inspires our care and attention.

The Parent Infant Community class is set in a *Nido*, (meaning “nest” in Italian), and each class provides parents with a unique opportunity to engage with their infants, as they exercise their independence by exploring a specially prepared environment. Furniture and materials in the room are carefully chosen and designed to aid in the development of movement and coordination, language and cognitive development.

The Parent Infant Community is designed to support parents in the important role as your child's first teacher. The role of the parent in this class is to observe, support, and encourage the natural development of your child. Parents receive a journal to record observations on the development of their child throughout the years.

The class is facilitated by an experienced Montessori trained teacher and serves as a guide and model for parents and infants as they explore the environment, offering practical examples of how to follow through with learning experiences at home.

This class will also deepen your understanding of Montessori philosophy and its application in the home setting. Through both interaction and observation, parents and caregivers gain valuable insight regarding their infant's path of development. The class serves as a forum for parents to share and exchange information with each other. Each week will feature an overview and discussion of a topic pertaining to infant development and whole child parenting. Topics may include:

- Setting up the optimal home environment
- Language development
- Development of movement - fine and gross motor skills
- Diapering / Toileting
- Montessori philosophy

- Personality development
- Mobiles, Music, Toys, and Play
- Nursing, Nutrition, and Weaning
- Sensitive periods
- Encouraging independence

Each class group is limited to 6 parent/infant couples, so please register early! Please call ahead for availability, 651-222-1555. To complete the registration for our Parent Infant Community classes, mail or deliver the registration form with a check payable to Cathedral Hill Montessori School before the first class of the session. The cost is \$120 per 8-week session.

We look forward to an upcoming session with your family!